

Spectrum Trail Run Series - Race 1 - 5km - Female

Pos	Name	Time	Bib. No	Distance	Gender	Series	Series Pos
1	Ariana Watkins	00:31:49	1096	5km	Female	Short	1
2	Jodie Bosch	00:32:50	895	5km	Female	No	
3	Nadia Zwiendelaar	00:32:55	1100	5km	Female	No	
4	Ansie Van Der Merwe	00:37:40	1123	5km	Female	Short	2
5	Melany Nieuwoudt	00:39:04	1089	5km	Female	Short	3
6	Angela Vancer	00:39:06	952	5km	Female	Short	4
7	Nanette Botha	00:40:05	900	5km	Female	No	
8	Raisa Wessels	00:40:09	1088	5km	Female	Short	5
9	Karen Murdock	00:40:52	909	5km	Female	No	
10	Beverley Viljoen	00:41:00	1087	5km	Female	Short	6
11	Kelly Naidoo	00:43:23	1086	5km	Female	Short	7
12	Megan Phillips	00:43:46	1108	5km	Female	Short	8
13	Shannen van der Ruiter	00:44:27	907	5km	Female	Short	9
14	Kayleigh Bauer	00:45:23	934	5km	Female	Short	10
15	Lisa Brunette	00:45:26	1090	5km	Female	Short	11
16	Ivana Bertoni	00:45:39	954	5km	Female	No	
17	Volenti Meyer	00:46:05	1098	5km	Female	Short	12
18	Tamarin Evans	00:49:00	913	5km	Female	No	
19	Donne Wright	00:49:08	905	5km	Female	No	
20	Jen Jensen	00:50:05	899	5km	Female	No	
21	Sanet Opperman	00:52:30	1111	5km	Female	Short	13
22	Christine Gerber	00:52:35	1110	5km	Female	Short	14
23	Jenny Blatti	00:58:01	951	5km	Female	Short	15
24	Stephanie Corney	01:00:28	1119	5km	Female	Short	16
25	Kayln Payton	01:07:13	949	5km	Female	No	
26	Leah Wintermeyer	01:07:30	1091	5km	Female	No	
27	Pamela Paton	01:07:31	950	5km	Female	No	
28	Mile Vermaak	01:09:33	927	5km	Female	Short	17

Spectrum Trail Run Series - Race 1 - 5km - Male

Pos	Name	Time	Bib. No	Distance	Gender	Series	Series Pos
1	Luke Bosch	00:31:01	896	5km	Male	No	
2	Solomon Hiscork	00:32:44	902	5km	Male	No	
3	Richard Pearse	00:34:23	935	5km	Male	Short	1
4	Andrew Garner	00:37:57	914	5km	Male	No	
5	Bryan Wintermeyer	00:38:44	916	5km	Male	No	
6	Andrew Nicholls	00:39:08	1093	5km	Male	No	
7	Dane North	00:39:12	1092	5km	Male	No	
8	Craig Bester	00:41:18	924	5km	Male	Short	2
9	Brynn Thomas	00:41:45	930	5km	Male	Short	3
10	Jacques Zwiigelaar	00:42:30	1099	5km	Male	No	
11	Allen Godenltys	00:43:07	911	5km	Male	No	
12	Geoffrey Waters	00:45:09	1120	5km	Male	Short	4
13	Caleb Wintermeyer	00:45:46	915	5km	Male	No	
14	Gerald Males	00:46:00	928	5km	Male	No	
15	David Hiscock	00:49:50	903	5km	Male	No	

Spectrum Trail Run Series - Race 1 - 11km - Female

Pos	Name	Time	Bib. No	Distance	Gender	Series	Series Pos
1	Maneke Kensley	01:04:48	910	11km	Female	Long	1
2	Lucelle Theron	01:09:21	937	11km	Female	No	
3	Dawn Black	01:10:06	882	11km	Female	No	
4	Theresa Buchner	01:11:12	1104	11km	Female	Long	2
5	Cassandra Lister	01:11:34	1113	11km	Female	No	
6	Pauline Thompson	01:14:13	1094	11km	Female	Long	3
7	Geanne Darke	01:15:27	898	11km	Female	No	
8	Tristan Schroder	01:17:07	1122	11km	Female	No	
9	Sam Du toit	01:25:39	893	11km	Female	No	
10	Michelle Sivewslt	01:27:55	923	11km	Female	No	
11	Sharon Jess	01:27:57	922	11km	Female	No	
12	Kimberley Clare Ogden	01:28:02	932	11km	Female	Long	4
13	Heather Mason	01:28:43	931	11km	Female	No	
14	Letitia Strauss	01:34:15	925	11km	Female	Long	5
15	Chanel Van Vreden	01:34:22	1107	11km	Female	No	
16	Ezna Kennedy	01:34:25	897	11km	Female	No	
17	Alice Metzler	01:44:35	881	11km	Female	No	
18	Liza Hobday	01:44:37	933	11km	Female	No	
19	Jonelle Brits	01:46:14	920	11km	Female	No	

Spectrum Trail Run Series - Race 1 - 11km - Male

Pos	Name	Time	Bib. No	Distance	Gender	Series	Series Pos
1	Mvuyisi Gcogco	00:49:36	955	11km	Male	Long	1
2	Sean Knight	00:56:27	1095	11km	Male	Long	2
3	Gordon Van der vliet	00:57:18	929	11km	Male	Long	3
4	Stuart Gillmer	00:57:57	1105	11km	Male	Long	4
5	Erik Kemp	00:58:53	1102	11km	Male	Long	5
6	Siyabonga Kahla	00:59:48	953	11km	Male	Long	6
7	Werner Olckers	01:01:02	948	11km	Male	Long	7
8	Jaques Scheepers	01:04:51	884	11km	Male	Long	8
9	Alex Du Toit	01:05:20	901	11km	Male	No	
10	Kenny Hayes	01:09:02	908	11km	Male	No	
11	Herman Visser	01:12:38	1109	11km	Male	Long	9
12	Trevor Gascotwe	01:13:05	883	11km	Male	No	
13	Gerhard Grobler	01:13:15	1101	11km	Male	No	
14	Werner De Lange	01:15:23	885	11km	Male	No	
15	Alain Blatti	01:16:09	926	11km	Male	Long	10
16	Nathaniel Howard	01:17:09	1121	11km	Male	No	
17	Johann Staats	01:18:38	1117	11km	Male	Long	11
18	Wj Grobbelaar	01:19:15	1112	11km	Male	No	
19	Francois Strydom	01:23:02	936	11km	Male	Long	12
20	Brad Wanvig	01:28:22	1097	11km	Male	Long	13
21	Daniel Trot	01:28:45	912	11km	Male	No	
22	Bennie Heynike	01:35:56	906	11km	Male	No	
23	Paul Bester	01:35:57	919	11km	Male	Long	14
24	Nico Bester	01:35:59	918	11km	Male	Long	15
25	Konrad Hoekstra	01:36:35	904	11km	Male	Long	16
26	Rod Butters	01:36:37	938	11km	Male	Long	17
27	Michael Corney	01:43:11	1118	11km	Male	Long	18
28	Waldo Brits	01:46:17	921	11km	Male	No	
29	Dane Paterson	01:47:16	1115	11km	Male	No	
30	Julian Paterson	01:47:29	1116	11km	Male	No	
31	Brad Grobler	01:52:35	1114	11km	Male	Long	19